

THEBARTON SENIOR COLLEGE

Learning @ Home Information for Students

Create a study area

- make sure you have the correct resources to study from for each of your classes
- create a dedicated study space that is quiet and comfortable
- make sure you have your technology/computer charged, ready and logged on for the day

Plan your day

- try to stick to your normal college timetable
- ensure you have a clear understanding of what your tasks are for the day and when your breaks are
- set yourself a daily goal for what you would like to achieve by the end of the day
- make sure you know your logins and passwords for the sites and resources you may need to access
- manage your time so that you can complete all tasks

Keep in regular contact with your teacher/s

- read your college emails a few times each day, respond to your teacher's emails and keep your inbox up-to-date
- check messages on the Student Portal every day
- make sure you follow the learning plans designed by your teachers, stick to due dates and submit tasks on time
- remember you can always contact your teacher for help – email them to schedule in a convenient time with them as they may be helping another student

Video conferencing lessons

- join sessions on time
- engage respectfully and use appropriate language with all participants
- be prepared for 'live' learning sessions so that the time can be used productively, eg ask questions, participate in collaborative work and connect with others in the class
- be appropriately dressed and use an appropriate 'virtual background' or plain wall to avoid sharing footage of your home
- keep your microphone on 'mute' until required
- turn your video off unless it needs to be on to demonstrate your learning
- minimise distractions (eg put your phone on silent)
- do not record sessions

Take care of your health

- take regular breaks
- exercise
- eat well and stay hydrated
- get some fresh air

Reach out for help

- contact your teachers for help with your work
- make an appointment with a counsellor to discuss any wellbeing issues or concerns - phone Student Services on 8159 3162 or request an appointment on the Student Portal

Remember that all staff are here to help you!



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