



YOUTH MENTAL HEALTH FIRST AID

Accredited 2 day (14-hour) Youth Mental Health First Aid (YMHFA) Course

This course teaches adults how to assist adolescents who are experiencing a mental health crisis or developing a mental health problem.

What does it cover?

- Depression
- Anxiety
- Eating Disorders
- Psychosis
- Substance misuse

Instructor/s:

Adrian Booth, Clinical Psychologist MAPS, FCCLP, MASH

or

Vincent Riviere, Bachelor of Social Sciences (Youth Work) and Master of Social Work

Cost:

\$140 per person**. You will be automatically invoiced after the session. Light refreshments supplied. Bring your own lunch.

Registration:

Cassee Stock, Project Officer, Mental Health & Wellbeing,
Department for Education. Email: cassandra.stock@sa.gov.au

Cancellation:

Can be made up to one week prior to the training start date via **plink** and requests can be made via email to cassandra.stock@sa.gov.au up to 48 hours prior to your registered training session at no cost. Any cancellations after 48 hours prior to the training session will incur the full training fee.

Additional information:

** Student wellbeing leaders are eligible for a subsidy to cover the full cost of the two day course. This does not include TRT days.

Minimum 10 registrations is required for the training to go ahead as scheduled.

More information about Mental Health First Aid Australia, visit
www.mhfa.com.au

