**Student Wellbeing Leader in Focus**

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| (insert picture of SWL) | |
| Name |  |
| School |  |
| Contact details  Email  Phone |  |
| Time in a SWL role at current site |  |
| Total time as a SWL |  |
| What is your favourite holiday destination? |  |
| What are your strengths as a wellbeing leader?  (you could use the via character strengths as a guide :  https://www.viacharacter.org/ ) |  |
| Briefly describe a wellbeing initiative, program or policy that you have led that has had a positive impact on mental health and wellbeing outcomes for children and young people.  *This could be whole school, small groups or individual interventions.* |  |
| What are three self-care strategies you use to look after yourself? |  |
| Any pictures of student work samples |  |